

01 Dec 2022 - 02 Dec 2022

MON

TUE

WED

THU

FRI

**CAM Workshop**  
**No Service Today**

**CAM Y4 - Semi-Buffer Lunch**

Served from 12:00 to 13:30

Walk-in or Booking in Advance (35 pax)

*Spinning*

WEEKLY  
LUNCH  
MENU



~All Lunch +\$3 for a Drink~  
Coffee, Lemon Tea, Juices or Soft Drinks

05 Dec 2022 - 09 Dec 2022

MON

Rosemary Spring Chicken  
with Sautéed Spinach Spaghetti  
香草燒春雞半隻配波菜意粉

\$62

TUE

Baked Curry Seafood Rice  
with Seasonal Vegetables  
咖哩海鮮焗飯

\$62

WED

Deep Fried Sole Fillet Cutlet  
with Green Beans & Spaghetti  
吉列魚柳配四季豆炒意粉

\$53

THU

Staff Training  
No Service Today

FRI

Pan Fried Sirloin Steak  
with Vegetables, French Fries & Mushroom Sauce  
香煎牛扒配薯菜及蘑菇汁

\$62

Spring

WEEKLY  
LUNCH  
MENU



~All Lunch +\$3 for a Drink~  
Coffee, Lemon Tea, Juices or Soft Drinks

# 12 Dec 2022 - 16 Dec 2022

MON

Curry Chicken Rice  
with Roasted Pumpkin and Potatoes  
南瓜薯仔咖哩雞飯  
\$53

TUE

Baked Pork Chop Rice  
鮮茄焗豬扒飯  
\$53

WED

Braised Beef Oxtail  
with Turnip, Carrot and Rice  
甘荀蘿蔔燴牛尾飯  
\$53

THU

Deep Fried Sole Fillet in Creamy Corn Sauce  
with Baby Choi Sum & Steamed Rice  
粟米魚柳飯配菜心苗  
\$53

FRI

FMHGE Workshop  
No Service Today

Spring

WEEKLY  
LUNCH  
MENU



~All Lunch +\$3 for a Drink~  
Coffee, Lemon Tea, Juices or Soft Drinks

19 Dec 2022 - 23 Dec 2022

MON

CAM Workshop  
No Service Today

TUE

Closed

WED

Closed

THU

Closed

FRI

Closed

*Sprring*

WEEKLY  
LUNCH  
MENU



~All Lunch +\$3 for a Drink~  
Coffee, Lemon Tea, Juices or Soft Drinks

26 Dec 2022 - 30 Dec 2022

MON

Public Holiday

TUE

Public Holiday

WED

Closed

THU

Closed

FRI

Closed

*Spring*

WEEKLY  
LUNCH  
MENU



~All Lunch +\$3 for a Drink~  
Coffee, Lemon Tea, Juices or Soft Drinks