

Psychological Wellness Fiesta 2021

SDO

Psychological Wellness Fiesta 2021



Activities highlight:

Psychological Wellness Booth
Various DIY workshops ... !

NOV 9-10 Tue - Wed
Central Plaza,
CW Campus

NOV 11-12 Thur - Fri
Waterfall,
TY Campus

12:30 ~
2:30 P.M.

Chai Wan Campus



9 Nov 12:30-2:30 P.M.
Herbarium Bottle Aroma Diffuser
轉念·浮游花



9-10 Nov 12:30-2:30 P.M.
Daglong Candy from "Squid Game"
槌糖製作工作坊



10 Nov 12:30-2:30 P.M.
Pastel Nagomi Art
和諧粉彩



"Tum, Tum, Tum" Upcycling Booth
collaborate with Fashion Design students

Tsing Yi Campus



11 Nov 12:30-2:30 P.M.
DIY Aroma Stone 擴香石



12 Nov 12:30-2:30 P.M.
Art of Air Plant 空氣草擺設



What is psychological wellness? Some people may describe it as “the combination of feeling good and functioning effectively.”

While the semester goes on, you may be busy with different kinds of business, including your assignments, part-time jobs or inter-personal relationship. SDO is going to organise **Psychological Wellness Fiesta 2021** to provide you with a way to treat yourself better.

Details of the activities are as follows:

Onsite Activities and Workshops	Date & Time	Venue	Registration
Dalgona Candy from “Squid Game” (槿糖製作工作坊)	9-10 Nov (Tue-Wed) 12:30nn – 2:30pm	Central Plaza, CW campus	MS Form (Quota: 20)
Herbarium Bottle Aroma Diffuser (轉念.浮游花)	9 Nov (Tue) 12:30nn – 2:30pm	Central Plaza, CW campus	MS Form (Quota: 20)
Pastel Nagomi Art (和諧粉彩)	10 Nov (Wed) 12:30nn – 2:30pm	Central Plaza, CW campus	MS Form (Quota: 20)
DIY Aroma Stone (擴香石)	11 Nov (Thur) 12:30nn – 2:30pm	Waterfall, TY campus	MS Form (Quota: 20)
Art of Air Plant (空氣草擺設)	12 Nov (Fir) 12:30nn – 2:30pm	Waterfall, TY campus	MS Form (Quota: 20)

All are Free of Charge!!

**The attendance record will be shown in the Non-Academic Transcript (NAT).*

Social Inclusion Programme – Youth Ambassador Training

「傷健共融·各展所長」青年大使培訓

We are looking for students interested in promoting social inclusion for people with disabilities to join the **Hong Kong Federation of Handicapped Youth - Youth Ambassador Training**. Participants will join various training, study visits and voluntary service. You can receive up to 70-hour training to enhance your understanding of people with disabilities and the United Nations Convention on the Rights of Persons with Disabilities.

More details are available [here](#). Interested students please contact Ms Cheren Li at 3890 8133 (Chai Wan campus) or Ms Anna Li at 2176 1400 (Tsing Yi campus) of SDO by **Wednesday, 10 November 2021**.

Recruitment of THEi Student Groups x External Organisations

SDO now invites students to form student groups which are affiliated with external organisations:

1. **Rotaract Club of THEi** – With the support from the [Rotary Club of Hong Kong Island East](#), there are lots of opportunities for you to join and organise various service activities; to network with the Rotaractors of other tertiary institutions and the larger community of Rotary, through which you can enhance your personal and professional development. [JOIN US NOW!](#)
2. **THEi Wofoo Leaders' Network (THEi WLN)** – With the support from [Wofoo Social Enterprises](#), in addition to organising [THEi WLN activities](#), you will have numerous opportunities to meet with industry professionals and students from other tertiary institutions through joining [WLN activities](#). [REGISTER NOW!](#)

Or you can contact SDO for more details.

Student Amenities - Student Common Room

Students are welcome to use the Student Common Rooms for taking a rest, studying or casual get-togethers. Student Common Rooms are provided in both campuses (Room S307 at the Chai Wan campus and Room 414 at the Tsing Yi campus).

Opening hours of Student Common Room:

- Monday to Friday: 8:00 – 22:00
- Saturday: 8:00 – 17:00
- Closed on Sunday and Public Holidays

**Subject to Campus Opening Hours*



Room S307 at the Chai Wan campus



Room 414 at the Tsing Yi campus

Graduate jobs available on THEi's Integrated Learning Platform

SDO has been keeping in touch with potential employers and receiving information about job and internship opportunities. Related information is now placed on THEi's [Integrated Learning Platform](#), which is accessible within the VTC network.

Here is the highlight of the current graduate job openings:

Company	Post	Application Deadline
L'Oreal	L'Oréal 2022 Management Trainee Program	7 Nov 2021
Hang Lung Properties	Hang Lung Management Trainee Program	7 Nov 2021
Bank of East Asia	Management Trainee Programme	14 Nov 2021
HAECO	Graduate Trainee Programme 2022	14 Nov 2021
MTR	Various Graduate Development Programme	14 Nov 2021
CLPe Solutions Limited	Project Engineer (2-Year Contract) [Ref. CLPeS-EM-CS-PE-THEI]	18 Nov 2021
Process Automation International Ltd	Software Engineer / PLC Engineer	18 Nov 2021
Jones Lang LaSalle	2022 Early Career Development Programs - Graduate Trainee	19 Nov 2021
Sino Group	Corporate Management Trainee Programme	28 Nov 2021
HSBC	Technology Graduate Programme	30 Nov 2021
HKTVMall	Management Trainee 2022	30 Nov 2021
Lalamove	Global Trainee Program 2022	30 Nov 2021
Nan Fung Group	Group Management Trainee Program 2022	30 Nov 2021
HK Jockey Club	Management Trainee Programme	30 Nov 2021
Jacobs	Graduate Engineer (Civil)	30 Nov 2021
Cathay Pacific	2022 Graduate Engineer Programme 2022 Digital & IT Graduate Trainee Programme	30 Nov 2021
Gary Cheng CPA Limited	Graduate Auditor	30 Nov 2021
Bright Future Pharmaceutical Lab. Ltd	Analytical Chemist	30 Nov 2021
ATAL Engineering Limited	Assistant Engineer - HVAC	30 Nov 2021
Jardine Restaurant Group	Corporate Management Trainee Programme 2022	31 Dec 2021
AECOM	AECOM 2022 Hong Kong Graduate Recruitment Program	To be confirmed
Arcadis	Graduate Engineer – Civil, Structural, Building Services & Geotechnical	To be confirmed

External Activities

Category	Name of Activity	Organiser	Event Date/ Registration Deadline
Personal Development	Own My Path - Skills Transformation Training Programme	The HKFYG Leadership Institute	Registration
Personal Development	「青出於聯學生領航計劃」之師友計劃	HKUYA Student Exchange Network 香港青聯學生交流網絡	Registration 9 Nov 2021
Personal Development	Study Abroad and Overseas Working Experiences Sharing Sessions	Hong Kong Shue Yan University	Registration 5 - 6 Nov 2021
Competition	HKHS Gerontech Competition 2021/22	HKHS Exhibition Centre	Registration 13 Nov 2021
Career	Recruit Career Fair @ Dragon Centre	Recruit & Company Limited	Registration 9-10 Nov 2021

Student Development Office (SDO)

Stay in touch with us and get the latest news via:



<https://www.facebook.com/THEiSDO>

https://www.instagram.com/thei_sdo/

thei-sdo@thei.edu.hk

@THEi (Chai Wan)

@THEi (Tsing Yi)

Tel: 3890 8133

Tel: 2176 1400

Room N033, G/F(North Block),
133 Shing Tai Road, Chai Wan

Room 227, THEi Building, Tsing Yi

Opening Hours: Mon-Fri, 9 am – 6 pm

[Caring Hotline Service for VTC Students:](#) 5548-8337

Service hours:

- **Mon to Fri: 5:30pm – 9:00am**
- **Sat, Sun, Public Holidays & Institute Holidays: 24 Hours**