

THEi Student Exchange

5-Day Nutrition and Health Student Exchange Trip to Thailand 2024

This tour provided Cultural visits: Or Tor Kor Market and Siam district (including Erawan Shrine), Industrial visit: Yakult Ayutthaya factory and University/research center exchange activities: i) 2 lectures at Institute of Nutrition, ii) short course on science and herbal medicine in Thai traditional medicine at Siriraj Hospital Sappaya Sthana in Applied Thai Traditional Medicine Center, iii) Clinical tour and stretching demonstration for well-being promotion, iv) workshop on Thai traditional massage for health promotion, v) herbal garden tour, vi) visits to historical museums at Siriraj Hospital of Mahidol University



Operational Unit: Department of Food and Health Sciences
Project Name: 5-Day Nutrition and Health Student Exchange Trip to Thailand 2024
Destination: Thailand
Period: 17/06/2024 to 21/06/2024
Duration: 5 days
No. of Participants : 30