MH125111 – Bachelor of Social Sciences (Honours) in Sports Coaching

Programme Document

The following tables give an overview and a summary of the overall curriculum structure for the Degree Programme:

Year- Sem	No.	Module Code	Module Title	Pre-requisite / Co-requisite	QF Level	Credit Points				
Y3-S5	1	GEC5102	Chinese 2	GEC4101 - Chinese 1	5	3				
	2	GEC5206	English for Professional Purposes	GEC4201 - English for Academic Studies 1	5	3				
	3	MSR5321	Fitness Coaching & Management	Nil	5	3	15			
	4	MSR5331	Advanced Functional Anatomy & Exercise Physiology	MSR4123 - Introduction to Functional Anatomy & Exercise Physiology	5	3				
	5	MSR5332	Sports Coaching – Individual Sports	MSR4101 Sports Skills Development – Individual Sports	5	3				
Y3-S6	1	GEC5202	English for Academic Studies 2	GEC4201 - English for Academic Studies 1	5	3				
	2		GE Elective 2		5	3				
	3	MSR5322	Research Methods & Statistics	Nil	5	3	15			
	4	MSR5334	Exercise Principles & Programming		5	3				
	5	MSR5433	Strength & Conditioning for Sports Performance		5	3				
Yr-3 SS@	1	MSR4400	Work-integrated Learning [#]	Nil	4	3	3			
		Year-3 Sub-total								

Year- Sem	No.	Module Code	Module Title	Pre-requisite / Co-requisite	QF Level	Credit Points			
Y4-S7	1		GE Elective 3		5	3			
	2	MSR5421	Honours Project 1	MSR5322 - Research Methods & Statistics	5	3			
	3	MSR5431	Performance Measurement & Analyses		5	3	10		
	4	MSR5432	Outdoor Sports Skills & Coaching		5	3	18		
	5	MSR5333	Sports Biomechanics		5	3			
	6		Programme Elective 1		5	3			
	1		GE Elective 4		5	3	15		
	2	MSR5422	Honours Project 2	MSR5421 - Honours Project 1	5	3			
Y4-S8	3	MSR5434	Sports Psychology		5	3			
	4	MSR5435	Sports Coaching – Team Sports		5	3			
	5	MSR5436	Talent Identification & Long-Term Development		5	3			
	Year-4 Sub-tot:								
Total Credit Points for Degree Programme									

Note:

The actual delivery of the modules is subject to the arrangement of the respective Department/School.

- # The Work-integrated Learning module must be completed before graduation. It will be assessed on a grading scheme and will be counted as part of the required minimum number of CPs for graduation or included in the calculation of the Grade Point Average.
- @ Summer Semester
- \$ GEC4305 has been renamed from "Technology, Society & Work" to "A.I. and Blockchain in Society & Work" effective from Semester One, AY 2024/25. Students who have taken the module "Technology,