



Bachelor of Science (Honours) in Nutrition and Healthcare Management 營養及健康管理(榮譽)理學士

YEAR 1 ENTRY

SELF-FINANCING
ST125205

YEAR 3 ENTRY

SELF-FINANCING
ST125205

2026-27

PROGRAMME HIGHLIGHTS

- Cultivates a new breed of healthcare administrators and nutritionists for the rapidly expanding healthcare industry;
- Covers a wide range of health-related areas, in healthcare administration, community healthcare, elderly and residential care services, and nutrition and healthcare management; and
- Provides internship opportunities in healthcare companies/organizations for enhancing practical experiences and employability.

WORK READY
貫徹應科



READY



Industry Endorsement

"Healthcare is never just about doctors and nurses. Healthcare and medical industry is a broad sector with various professions. These are like puzzles, and the industry has been calling for more healthcare and medical research management professionals to put puzzles together. This is a global opportunity and requires vast knowledge of multidiscipline in the healthcare pipelines. THEi's Bachelor of Science (Honours) in Nutrition and Healthcare Management is a definitely stepping stone for joining our health care and medical industry."

Dr. Wilson Wong, PhD

CEO / Founder, Novus Life Sciences Limited



Graduate Endorsement

"I am Yvonne, a 2022 graduate of THEi's Bachelor of Science (Honours) in Nutrition and Healthcare Management. My studies at THEi provided a solid foundation that enabled me to quickly absorb new knowledge during my Master's in Nutrition and Healthy Ageing at PolyU. The ample internship opportunities provided by THEi also equipped me with professional expertise and communication skills. Now, as a research assistant, the programme's content aligns perfectly with my work and helps me overcome challenges. I highly recommend this NHM programme to students passionate about nutrition or health management as it offers valuable learning and growth opportunities."

YUEN Yeung, Yvonne

2022 Graduate



Graduate Endorsement

"My time in the programme at THEi has been rewarding and fulfilling. All major and elective courses are covered wide and practical, which provided us with professional knowledge about the healthcare setting. Through multiple ways of learning, such as lectures, internships, international summer exchange programs, as well as being a volunteer in a healthcare unit, I experienced and practiced what I've learned. Now being a social service worker, I am coordinating with district-based healthcare services and facilities, to provide appropriate individual healthcare needs to the community. I am very proud of being a Health Care

graduate from THEi since I started my career in social service, I believed that I had made the best choice."

SIN Pui Yi

2020 Graduate



Graduate Endorsement

"The programme offers a broad learning experience with its well-designed curriculum that focuses on health-related areas, such as nutrition, health science, and healthcare administration and management, including not only health-related theories but also management skills and counselling skills, as well as valuable practicum opportunities in healthcare sectors. In addition, the instructors are passionate about assisting students and exchanging their knowledge and experiences with health-related subjects. Through a variety of placement options, we directly interacted with the local community and citizens. I learned practical strategies for interacting

with different people. The knowledge and abilities I acquired will undoubtedly help me further my career in the health industry."

LAM Tan Ki

2021 Graduate

Core Courses

- Clinical Nutrition
- Dietetics & Molecular Nutrition
- Healthcare Organization & Management
- Primary Health Care & Health Promotion
- Advanced Nutrition & Human Development
- Occupational Safety & Health Management
- Epidemiology & Public Health Management
- Principles & Practice of Rehabilitation
- Infection Control
- Leadership & Strategic Management in Healthcare Services

Supporting Industrial Partners (In alphabetical order)

- Chung Sing Benevolent Society
- CUHK Centre for Nutritional Studies
- GRS Vitality Center
- Hong Kong Adventist Hospital (Tsuen Wan)
- Hong Kong Hospital Authority
- Kowloon City DHC Express
- Kwai Tsing Safe Community and Healthy City Association
- Novus Life Sciences Limited
- Quality HealthCare Medical Services Limited
- St. Paul's Hospital (Hong Kong)
- Tai Po DHC Express
- The Hong Kong Society for Rehabilitation (Sha Tin DHC Express)

Work-integrated Learning

Students will be offered up to 480 WIL hours in nutrition or healthcare related companies.

Career

Graduates may pursue in the following careers:

- Product Specialists in medical companies
- Healthcare Officers
- Nutritionists
- Medical Centre Administrators
- Health Information Management Officers
- Assistant Operations Officers
- Pharmaceutical Product Specialists
- Healthcare Research Officers

Professional Recognition

- Graduates are eligible to apply for members of Hong Kong Management Association; Associates of Hong Kong College of Health Services Executives; and membership of Qualified Nutritionists under Hong Kong Nutrition Association.