



Bachelor of Social Sciences (Honours) in Sports Therapy 運動治療(榮譽)社會科學學士

YEAR **1** ENTRY

SSSDP JUPAS
CATALOGUE NO.
JSSV14

YEAR **3** ENTRY

SSSDP (FULL-TIME)
MH145112
SELF-FINANCING (PART-TIME)
MH525112

2026-27

PROGRAMME HIGHLIGHTS

- Develops students' professional knowledge in human structure, movements, kinesiology, and exercise science, and competencies in the demonstration and implementation of contemporary practical skills in sports therapy
- Nurtures students' analytical and clinical reasoning skills in injury identification, sports rehabilitation, and exercise training programme development, and the evidence-based applications of modalities in managing and preventing sports injuries, as well as solving sports therapy-related problems in both clinical and on-field scenarios.
- Focuses on broadening students' horizons through the learning and applications of smart technologies, such as using wearable sensors and artificial intelligence in testing, monitoring, and decision making, and the placement opportunities in both clinical settings and various sports events or competitions.

Career Prospects

Graduate sports therapists can register at The Society of Sports Therapists, UK as Sports Therapists and become full members* and also register as members at the Sports Therapists Association of Hong Kong (STAoHK). Potential employers include sports therapy or physiotherapy and rehabilitation clinics, National Sports Associations, The Hong Kong Sports Institute Limited, sports clubs/teams, schools, and professional or celebrity athletes. Numerous of them also work as self-employed therapists or own sports therapy-related businesses, whereas many others further their studies in post-graduate studies, such as a Master's degree in relevant areas at local or overseas universities.

**Graduates from the original Sports and Recreation Management programme in AY2025/2026 are confirmed, while the recognition of graduates in this new Sports Therapy programme from AY2026/2027 is to be confirmed.*

Professional Recognition



This programme is undergoing the accreditation by The Society of Sports Therapists, UK

WORK READY
貫徹應科



READY

For online application:
VTC Web-based Admissions System
www.vtc.edu.hk/admission



資歷架構
Qualifications
Framework

This programme is recognised under the QF (Level 5)
QR Registration No.: 25/000992/L5
Registration Validity Period: 01/09/2025 - 31/08/2030



**Amy LC Chan,
BBS, JP**

Executive Manager, Racing Development
Board/Headmistress, Apprentice Jockeys' School
The Hong Kong Jockey Club

Industry Endorsement

"I have been involved in this degree programme from its initial accreditation to the implementation. The programme provides both theoretical knowledge and hands-on practical experience, which makes it very unique from other degree programmes. In Hong Kong, we need more coaches with relevant degree training. Likewise, there has been a huge demand in the sports management area. The sports therapy specialisation in this degree programme is the very first in Hong Kong. Sports Therapists will be able to provide on-field service to athletes for injury treatments and fitness training. I fully support this degree programme and foresee its positive impact to Hong Kong."



Simon Willis

Men's Head Coach
Cricket Hong Kong, China

Industry Endorsement

"THEi sports programme has been a key part of Cricket Hong Kong High Performance Team providing strength and conditioning and sports therapy service to help our national men's and women's teams to perform on international stage."



Max Yeung (2016 Graduate)

Sports Therapist,
Co-founder of Movewell Sports Therapy Center

Graduate Endorsement

"Studying in THEi SRM programme Sports Therapy not only built up my solid knowledge and practical skills in evaluating, managing, and rehabilitating various sports injuries, but the applications of technologies have broadened my horizons while the work-integrated learning provided me with important global internship opportunities and helped in constructing my successful career path and business."



Instagram

Core Modules

- Kinesiology I: Functional Anatomy & Human Movement
- Motor Learning & Control for Human Performance
- Exercise Science & Physiology
- Management of Sports Injuries
- Smart Technology in Testing, Measurement & Analysis
- Adaptive Sports & Fitness
- Sports Massage & Stretching
- Contemporary Therapeutic Exercise
- Fitness Coaching & Management
- Research Methods & Biostatistics
- Work-Integrated Learning
- Kinesiology II: Advanced Functional Anatomy & Movement Science
- Pitchside Emergency & Trauma Management
- Recognition & Evaluation of Sports Injuries
- Rehabilitation of Sports Injuries
- Honours Project 1
- Honours Project 2
- Strength & Conditioning for Sports Performance
- Peripheral Manual Therapy
- Vertebral Manual Therapy
- Introduction to Professional Clinical Practice
- Professional Practice & Clinical Leadership in Sports Therapy
- Exercise Testing & Training for Sports Injury Prevention
- Rehabilitation of Special Populations

Supporting Industrial Partners (In alphabetical order)

- Aloha Wellness and Physiotherapy
- Asian Fitness Therapy Center
- Body Solution
- D12 physiotherapy and rehabilitation Center
- DIY Physio
- Dynamic Care Ltd.
- Empower Physiotherapy Centre
- Fitzio Fitness & Rehabilitation Clinic
- Go-Goal Physiotherapy & Fitness Centre
- Guangdong Athletic Training Association (Ersha Sports Training Center)
- Hong Kong China Rugby
- Hong Kong Football Club
- Movewell Sports Therapy Center
- My Medicare Physiotherapy & Wellness
- Pegasus Physio and Sports Therapy Centre
- Sportsmedics
- Superior Fit Wellness Centre (Tung Wah Group)
- T-Hotel
- The Infiniti Medical
- Unicorn Physiotherapy Clinic
- Vegvísir Sports Therapy Center
- Vibes x ATPE Physio & Sports Therapy Center
- Volleyball Association of Hong Kong
- YWCA Y Health and Wellness Center

Work-integrated Learning

Work-integrated Learning (WIL) module is directed industry attachments that provide learning experiences by integrating theoretical with its applications in the workplace. Students are required to complete at least 250 hours of WIL (including at least 170 hours of clinical works and 80 hours on-field supports) to be eligible for the Bachelor of Social Sciences (Honours) in Sports Therapy.